

# Bookmark Connections: Professional Intercultural Training & Development

**Cheryl Forster, Psy.D.**  
**Licensed Psychologist**  
www.bookmarkconnections.com

In addition to my work at Bookmark Connections, I have been working at Portland State University's (PSU) Center for Student Health & Counseling (SHAC) since 2004, where I am a staff psychologist, supervisor, and the Coordinator of Diversity and the Psychology Internship. The center serves the student population and is also an APPIC training site. I am a licensed psychologist in the state of Oregon.

## EDUCATIONAL BACKGROUND

### Skidmore College, Saratoga Springs, NY

- Bachelor of Arts with Honors in Psychology, Cum Laude

### Tufts University, Graduate School of Arts and Sciences, Medford, MA

- Masters of Arts in Applied Developmental Psychology

### Pacific University, School of Professional Psychology, Forest Grove, OR

- Doctorate in Clinical Psychology
- Doctoral internship at the University of Washington's Counseling Center; specialty rotation in Supervision & Training

### Intercultural Communication Institute, Portland, OR

- Psychologist-in-residence for the Summer Institute for Intercultural Communication's (SIIC)
- *Intercultural Practitioner Certificate* (advanced-level)
- Attend SIIC annually (running total: 27 classes/496 hours)

## ADDITIONAL HIGHLIGHTS

- Adjunct faculty at the Middlebury Institute of International Studies (MIIS) at Monterey (CA) in the Intercultural Competence (ICC) Specialization graduate program (spring 2018)\*\*
- *Diversity Scholar Award* from the Association of Counseling Center Training Agencies (ACCTA)
- ACCTA Board of Directors (2017 to 2019)
- Honored for service in Portland State University's Healing Feathers program
- *Contribution to Knowledge Award* from EMSA at Portland State University
- Korean language lessons at the Oregon Korean School
- Audited classes in organizational psychology, training & development, interpersonal neurobiology (IPNB), conflict resolution, and trauma-informed services at Portland State University
- Completed trainings in EMDR (and Attachment-Focused EMDR\*\*)
- Past member of the Oregon Psychological Association's (OPA) Diversity Committee
- Professional Affiliate of APA's Divisions 45, 52, and 56 – Society for the Psychological Study of Culture, Ethnicity, and Race; International Psychology; and Trauma Psychology
- Qualified Administrator of the Intercultural Development Inventory (IDI)

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## PUBLICATIONS

- Forster, C. (2015). Disciplinary approaches to culture: Psychology. In J. M. Bennett (ed.), *The SAGE Encyclopedia of Intercultural Competence* (Vol. 1, pp. 255–261). Thousand Oaks, CA: SAGE Publications.
- Forster, C. (September/October 2010). How did we twist Martin Luther King Jr.'s words around to perpetuate racism?: The good intentions of color-blind racism. *The Oregon Psychologist: Bulletin of the Oregon Psychological Association, Vol. 29* (5), 9 – 14. Portland, OR.

## PRESENTATIONS & TRAININGS

- Northern California Training Directors' (NCTD) Annual Conference at the University of California at Berkeley (keynote presentation)
- University of San Diego's Student Health Center and Counseling Center
- George Washington University's Counseling and Psychological Services
- University of Washington's Counseling Center
- The Association of Counseling Center Training Agencies' (ACCTA) Annual Conference
- Summer Institute for Intercultural Communication (SIIC) (evening session)
- Lewis & Clark College's Graduate School of Education and Counseling – Center for Community Engagement
- Oregon Mental Health CEU Consortium
- Reed College's Counseling Center
- Oregon State University's Counseling and Psychological Services
- Portland Pearl Rotary Club
- Community Partners for Affordable Housing Board of Directors Meeting
- Pacific University's School of Professional Psychology
- Pacific University's College of Health Professions' Conference
- Oregon Dental Hygiene Conference
- Children's Program
- Portland Village School Board
- Hazelden Betty Ford Foundation
- Oregon Psychological Association's (OPA) Annual Conference (including general session)\*\*
- Oregon College and University Suicide Prevention Project\*\*
- Portland United Against Hate (City of Portland Grant; in conjunction with Lewis & Clark College)\*\*